



BEHAVIOUR SPECIALISTS, SASKATOON

Art Group

Does your child love to draw, paint or just doodle? Are they ages 14-16 years?

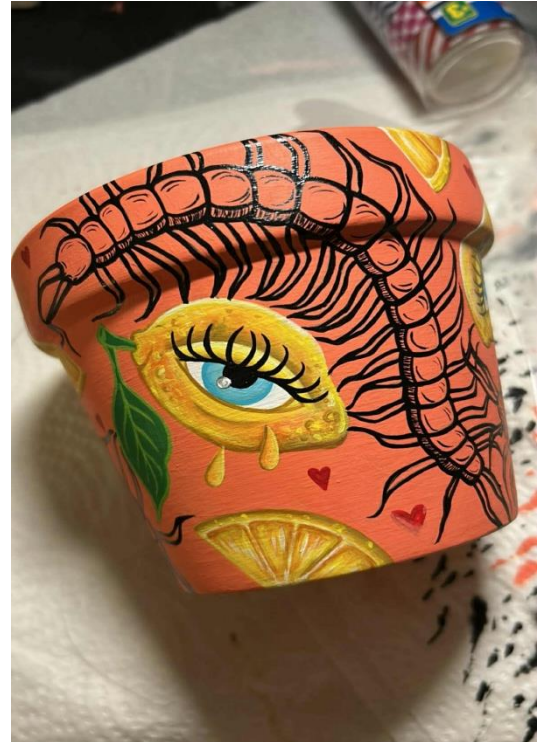
Time to give our art group a try! We accept children with and without disabilities. Bring a sibling or invite a friend to this social communication group.

Participants will experiment with different art media to learn new techniques, and showcase their skills. We plan to work in acrylics, resin, and much more. Research shows that art helps children with ADHD and Autism to focus, build self-concept, and express their emotions.

There is a **screening process** to ensure **good fit** for the group. Spots are limited.

Goals:

- Give the child a sense of belonging
- Improve cognitive function
- Increase self-awareness and self-esteem
- Cultivate emotional resilience
- Promote self-expression and insight
- Provide opportunities for the child to develop healthy peer relationships



When: Week commencing Thursday, 30 April 2026, 7.00-8.00 pm

Where: Hear2Understand, A-1112 Morgan Ave, Saskatoon (behind DQ on 8th St.)

Cost: \$335 for one hour, once per week, for 10 consecutive weeks. Fee includes cost of art supplies and report on your child's progress in group. Receipts available for government funding and insurance purposes

Contact: For more information or to register, please contact Cass Phillips, PhD, Behaviour Consultant. Email <cassandraphillips@shaw.ca> or phone 306-881-0557

This is not a digital art class. Small class sizes. Email us today!