



Behaviour Specialists, Saskatoon

Teen Social Club

Get your teen off the couch! This is a social skills development group for teens about to enter or already in high school. We take teens **with and without disabilities**

such as Asperger's, Learning Disabilities, ADHD, Anxiety, or Depression.

Teens need to be verbal. They are also **screened** to make sure they are a good fit. We spend time in-house and in the community doing fun activities. We go bowling, to escape rooms, golfing, and mini golfing. In house, we have games night, pizza night and movies.

There is also a community project to build empathy, accountability, money management, and communication.



The group aims

- To build social skills in areas such as communication, collaboration, negotiation, money and time management
- To create opportunities for the teens to develop healthy peer relationships inside and outside of the group

When: Week commencing Monday, 27 April 2026

Where: Hear2Understand, A-1112 Morgan Ave, Saskatoon (behind DQ on 8th St.)

Cost: \$335.00 for total of ten consecutive weeks, one hour, once per week, plus group overview/ report on activities and group progress. There is also added cost for some of the off-site activities.

Contact: For more information or to register, please contact Cass Phillips, PhD, Behaviour Consultant. Email <cassandraphillips@shaw.ca> or Phone 306-881-0557

SPOTS ARE LIMITED! EMAIL TODAY!